

SEAVIEW

FREYCINET COAST TASMANIA

In a lovingly restored weatherboard cottage nestled among she-oaks and shaped by salt air, Seaview Spa sits within Piermont as the restorative enrichment to its celebrated coastal experience. A sanctuary for our guests where the pace of the world melts away.

At Seaview, therapeutic bodywork meets refined coastal relaxation. Each treatment is intuitively designed to regulate the nervous system, support circulation, and restore balance—while delivering a deeply sensory, immersive experience.

We proudly partner with Retreatment Botanics, an advanced Australian skincare line formulated using the full plant cell matrix of native botanicals. Rich in potent phyto-actives, vitamins and antioxidants, each formulation works in harmony with the skin to heal, protect and restore skin function.

Thoughtfully crafted and consciously produced, this range is palm oil free, cruelty free, vegan and Australian made—without compromising on performance.

Seaview is a soul nourishing sanctuary on Tasmania's east coast that deepens the Piermont experience through stillness, restoration and calm rituals.



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MASSAGE RITUALS

Relaxation / Deep Tissue Massage

60 / 90 minutes — 180 / 260

A fully customised massage guided by the needs of your body—whether seeking deep release or a slower, more restorative pace. Techniques are intuitively applied to ease muscular tension, calm the nervous system and bring the body back into balance.

Enhance your experience with your choice of aromatherapy blend: Energise or Serenity +15

Ideal for: stress, tension, nervous system reset

Remedial Massage

60 / 90 minutes — 195 / 275

A targeted therapeutic treatment designed to address pain, restriction and chronic tension within the body. Focused techniques work deeply into areas of holding to restore movement, reduce discomfort and support long-term recovery.

Enhance with our Kunzea & Sandalwood blend to support inflammation and repair +15

Ideal for: pain relief, injury support, chronic tension

Dynamic Lymphatic Massage

60 / 90 minutes — 200 / 290

A rhythmic, flowing treatment designed to stimulate surface and deep lymphatic flow, reduce fluid retention and support detoxification. This treatment weaves gentle and firmer lymphatic techniques, fascial release and breathwork to give your lymphatic system a complete reset. Includes our anti-inflammatory essential oil blend.

Ideal for: fluid retention, inflammation, sluggishness, brain fog, chronic pain

Pregnancy Massage

60 / 90 minutes — 195 / 275

A deeply nurturing treatment designed to support the body through the changing rhythms of pregnancy. Performed with care and intention, this gentle yet targeted massage helps to ease muscular tension, reduce swelling while calming the nervous system.

Using supportive positioning and slow, grounding techniques, each treatment is tailored to your stage of pregnancy. A quiet restoration for both mother and baby.

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FACIAL RITUALS

Cryotherapy Firming Facial

90 minutes — 310

Our signature cold therapy facial sculpts and tightens the skin for an instant lifting effect. This powerful treatment stimulates blood flow and lymphatic drainage to minimise skin and eye area puffiness and support collagen production. The cooling sensation calms redness and soothes inflammation, perfect for sensitive skin. The result is skin that feels refreshed, toned and luminous - like a breath of crisp coastal air.

Brightening Enzyme Facial

60 minutes — 205

A results-driven treatment to clarify, gently exfoliate and restore skin balance. Featuring active Australian botanicals to support barrier repair, hydration and luminosity. Ideal for renewal, balance and clarifying. Delivering vitamin C rich, intense hydration and collagen-boosting ingredients to brighten dull, lacklustre skin. This will revitalise even the most dull and tired skin while targeting pigmentation.

Golden Revival Facial

60 minutes — 205

Transform dull, tired skin with collagen-rich hydration and lasting luminosity. This high performance Collagen Gold Lifting Sheet Mask saturates the skin with age defying moisture, quenching dryness and restoring dewy, youthful bounce – while visibly sculpting, lifting and enhancing facial contours.

Face Massage Ritual

60 minutes — 215

A sculptural facial focused on lymphatic drainage, fascial release and tension reduction through the face, neck, scalp and chest. Designed to lift, tone and restore natural glow.

Enhance with a customised mask and lymphatic abdominal massage — 110

AHA Enzyme Brightening Peel

45 minute express Facial - 115 / 15 minute enhancement - Add to any other facial +60

A results driven facial designed to deliver gentle yet effective exfoliation, brighten, renew and refine complexion. The perfect add on to enhance any treatment.

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SIGNATURE RITUALS

Tidal Ritual

120 minutes — 415

A deeply purifying ritual guided by the rhythm of the tide, designed to support the body's natural detoxification pathways and restore a sense of lightness. Dynamic lymphatic bodywork flows into sculptural facial massage, encouraging circulation, reducing fluid retention and awakening skin vitality. A targeted mask—brightening or collagen—enhances skin function, leaving the complexion clear, lifted and luminous.

A full-body reset, where stagnation softens and the body returns to flow.

Salt Ritual

120 minutes — 415

A grounding, head-to-toe ritual shaped by the restorative qualities of the ocean. A full body relaxation massage eases muscular tension and settles the nervous system, flowing into the Golden Revival Facial to deeply nourish and restore radiance. A soothing scalp and hair treatment completes the experience, releasing residual tension and inviting deep calm.

Restorative, mineral-rich and deeply replenishing—like time spent by the sea.

Stone Ritual

120 minutes — 415

A results-driven ritual focused on the deeper structures of the body. Remedial massage techniques work into layers of chronic tension and restriction, supported by the therapeutic properties of kunzea. Targeted lymphatic work encourages fluid movement, while sculptural facial massage relieves jaw, neck and facial holding.

Designed to restore strength, mobility and grounded ease within the body.

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SIGNATURE RITUALS

Bloom Ritual

120 minutes - 415

A gentle, restorative ritual to support the body and skin through the evolving rhythms of pregnancy. Beginning with a grounding pregnancy massage to ease tension, encourage circulation and calm the nervous system, the experience then flows into a brightening enzyme facial to refine, hydrate and restore skin luminosity. A soothing scalp and hair treatment completes the ritual, releasing residual tension and inviting lightness and calm.

A space to soften, replenish and quietly unfold.

Seaview Elements Ritual

180 minutes — 600

Our most immersive full-body experience, designed as a complete journey of elemental restoration. This extended ritual begins with a full body massage to ease tension and ground the body, followed by a results-driven cryotherapy facial to lift, tone and revitalise the skin. Lymphatic abdominal massage supports digestion and internal balance, while a deeply relaxing scalp and hair treatment and foot ritual complete the experience.

A complete ritual of restoration —leaving you rebalanced, radiant and deeply at ease.

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ENHANCEMENTS

Add to any treatment:

Face Massage Ritual (Express)

30 minutes — 120

A focused sculptural facial to enhance lymphatic flow and release tension.

Native Scalp & Hair Treatment

30 minutes — 110

A deeply relaxing scalp massage using potent Australian botanical extracts to nourish the hair and calm the nervous system.

Lymphatic Abdominal & Chest Massage

30 minutes — 120

A targeted treatment to stimulate lymphatic pathways, support detoxification and enhance overall treatment results.

Relief Foot Treatment

30 minutes — 110

A grounding foot ritual including magnesium salt exfoliation and massage to relieve tension and restore circulation.



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